



Namaste dear friends,

We hope you are having a lovely summer and getting a lot of opportunities to take it easy and *just be...*

**This is a friendly reminder that we will be closed for the holiday weekend. We wish you a safe and pleasant 4th of July.**

Studio classes will resume July 5th, 2022.  
*-Annelize & the team at Shakti Yoga*

## July Class Schedule

### Sunday

9:30am Slow Flow  
11am Gentle / Beginner's Yoga

### Tuesday

9:30am Gentle Yoga

6pm Gentle & Restorative

## Wednesday

3pm Gentle & Restorative

6:15pm Vinyasa Yoga

## Thursday

9:30am Gentle Yoga

6pm Candlelight Yin Yoga (*mask required*)

*It seems fair to say that many are traveling this summer after a long wait. For this we are SO happy. Please do keep in mind that in order to hold our scheduled classes, we require a minimum # of students signed up & attending.*

*Please sign up at least 24 hours ahead of time if you plan to attend any of our classes in person or via livestream.*

*Thank you*

[Click here to sign up for your class](#)

*Travel light, customize your journey...*



*and emerge feeling refreshed and lighter!  
That's the power of customized yoga.*

# Shakti Summer Specials

**Enjoy 30% OFF**

*purchase now through July 31st, 2022*

*Redeem by December 31st, 2022*

**Promo code : Yoga30**

*\*Good for individuals purchasing single session or any private session bundle/package*

*Want to experience a private yoga session with a family member or a friend?*

*We love that idea!*

*Use this code when booking for 2 people : **Yogafor2***

## Updated Studio Safety Policy

Masks remain an option for almost all of our classes as all of our students and teachers are fully vaccinated. Certain classes on our schedule do require students to wear masks, please make a note before attending in person.

Due to a recent spike in positive C-19 cases here in Austin, we are encouraging you, our community members to consider wearing a mask if :

- You are just returning from travel;
- you have been around a large group of people for a gathering or event; or
- that makes you feel more comfortable

If you suspect or notice you have any of the symptoms aligned with what the CDC has listed such as headache, body ache, fever, diarrhea, recent loss of smell or taste, cough, flu-like symptoms,

**please choose the virtual practice option or request a class recording.**

Many of our classes offer a Virtual / Livestream option. If you don't see that, just check with us. We appreciate you for taking care of yourself as well as your community.

# -Om Shanti Shanti Shanti-

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