



Happy Mother's Day!

Today we celebrate and honor the women who love & care for us. We honor mothers everywhere; from all walks of life; those near and far. Those in our hearts. We send our love to those in need of extra support, care & compassion.

May all be happy and free.
-Om Shanti Shanti Shanti-

*With Love,
Annelize & the team
at Shakti Yoga*

The Gift of Relaxation



Still looking for the right gift for your mom, aunt, friend or perhaps yourself? Enjoy this deeply nourishing combo of a 50 minutes relaxation massage along with a blissful 10 minutes of guided meditation.

Shakti Relax | 60 Min Massage w/Annelize

Includes hot towels, choice of essential oils & warm, herbal tea. Comes with a home-spa gift including an Ayurvedic foot mask, herbal face scrub & tea blend crafted with care by Annelize

\$125

(Purchase Shakti Relax Gift Card [here](#).)

We'll email the recipient with instructions for setting up an appointment.

Bookings available through June 31st, 2022.

Location : Pond Springs Road, very close to our yoga studio.

Please note that tips are not accepted.

Thank you!

NEW!

Gentle & Restorative Yoga w/Annelize

Wednesdays | 3-4pm

(Inspired by nap time, aligned with yogic principles)

NEW!

Candlelight Yin Yoga w/Jennie

Fridays | 6 - 7pm

May 13th & 20th

(surrender, release & go within)

As always, please sign up at least 24 hours ahead of the class you wish to attend so we know how many to expect.

[Click here to see our updated May 2022 Class Schedule](#)

Shakti Yoga & Holistic Wellnes | 9313 Anderson Mill Road, Suite E, Austin, TX 78759
www.shaktiatx.com

[Unsubscribe namaste@shaktiatx.com](mailto:unsubscribe@shaktiatx.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by namaste@shaktiatx.com in collaboration
with



Try email marketing for free today!